

Through **controlled clinical trials studies**, acupuncture **is proven to be effective treatment** for the following health conditions:

Adverse reactions to radiotherapy and/or chemotherapy
Allergic rhinitis (including hay fever)
Biliary colic
Depression (including depressive neurosis and depression following stroke)
Dysentery, acute bacillary
Dysmenorrhoea, primary
Epigastralgia, acute (in peptic ulcer, acute and chronic gastritis, and gastrospasm)
Facial pain (including craniomandibular disorders)
Headache
Hypertension, essential
Hypotension, primary
Induction of labour
Knee pain
Leukopenia
Low back pain
Malposition of fetus, correction of
Morning sickness
Nausea and vomiting
Neck pain
Pain in dentistry (including dental pain and temporomandibular dysfunction)
Periarthritis of shoulder
Postoperative pain
Renal colic
Rheumatoid arthritis
Sciatica
Sprain
Stroke
Tennis elbow

Below is a supplementary list of common health conditions whereby the “therapeutic effect of acupuncture has been shown but for which further proof is needed”:

Cancer Pain
Diabetes Mellitus
Insomnia
Obesity
Osteoarthritis
Premenstrual Syndrome (and a host of other Women’s Health issues)
Schizophrenia
Tobacco Dependency

Source: Acupuncture : Review and Analysis of Reports on Controlled Clinical Trials Geneva: World Health Organization, 2003.